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HOUSE MEMORIAL 7

**48TH LEGISLATURE - STATE OF NEW MEXICO - SECOND SESSION, 2008**

INTRODUCED BY

Mimi Stewart

A MEMORIAL

PROCLAIMING FEBRUARY 1, 2008 AS "WEAR RED DAY" AT THE HOUSE OF REPRESENTATIVES.

WHEREAS, diseases of the heart are the nation's leading cause of death and stroke is the nation's third-leading cause of death; and

WHEREAS, cardiovascular diseases claim the lives of over four hundred sixty thousand American women each year, which is an estimated one death per minute; and

WHEREAS, each year, fifty-three percent of all cardiovascular-disease deaths occur in women as compared to forty-seven percent in men; and

WHEREAS, each year, approximately thirty-two thousand eight hundred more women than men die from a stroke; and

WHEREAS, the estimated costs, both direct and indirect, of

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1 cardiovascular diseases and stroke in New Mexico in 2008 are  
2 nine hundred million dollars (\$900,000,000); and

3 WHEREAS, more women die of cardiovascular disease than the  
4 next five leading causes of death combined, including all  
5 cancers; and

6 WHEREAS, only twenty-one percent of women consider  
7 cardiovascular disease their greatest health risk; and

8 WHEREAS, February is designated as "American Heart Month";  
9 and

10 WHEREAS, "go red for women" is the American heart  
11 association's national call to increase awareness about heart  
12 disease, the leading cause of death for women, and to inspire  
13 women to take charge of their heart health; and

14 WHEREAS, all women should learn their own personal risk  
15 for heart disease, using tools such as the American heart  
16 association's "go red for women" heart checkup and by talking  
17 to their health care providers;

18 NOW, THEREFORE, BE IT RESOLVED BY THE HOUSE OF  
19 REPRESENTATIVES OF THE STATE OF NEW MEXICO that, in recognition  
20 of the importance of the ongoing fight against heart disease  
21 and stroke, Friday, February 1, 2008, be proclaimed "Wear Red  
22 Day" at the house of representatives; and

23 BE IT FURTHER RESOLVED that all New Mexicans be encouraged  
24 to show their support for women and the fight against heart  
25 disease by commemorating this day by wearing the color red.

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